KMH CARDIOLOGY CENTRES INC.

Tel: (905) 855-1860	• Toll Free: 1-877-564-5227 • Fax: (905) 855-1863 • Toll Free	e Fax: 1-877-564-3297 • v	vww.kmhlabs.com
CARDIOLOGY CONSULT TEAM Alfi Moris Beshay	Patient Name:Patient Address:		URGENT (Check if applicable) Reason:
Jonathan Bishinsky MD, CM, FRCPC Shivesh Goberdhan MD, MS, FRCPC Arvinder Grover MD, FRCPC, FACC James Johnston MD, FACC, FSCAI Aaron F. Jolly MD, FACC, FASNC Fatima Merali MD, MSc, FRCPC Robert Myers MD, FRCPC, FACC Mahadevan Rajaram MD, FRCPC, FACC Jenny Wu	Patient Phone #:		1. Fax Completed form to 905-855-1863 or 1-877-564 -3297 2. See back for patient instructions, enrollment, and map. 3. For Heart Health Program please fax both sides of form.
MD, FACC INTERNAL MEDICINE CONSULT TEAM Young Choi MD, FRCPC Julian Dalgliesh MBBS, MD, DABIM	NUCLEAR CARDIOLOGY MYOCARDIAL PERFUSION EXERCISE PERSANTINE (unable to exercise) EXERCISE OR PERSANTINE DOBUTAMINE Physician's Note: Please inform the patient regarding the discontinuation of Beta blockers, Calcium blockers and erectile dysfunction medication 48 hours prior to test and Cialis 96 hours prior to test.		
Sevan Evren MSc, MD, DABIM	CARDIOLOGY		
Gary Fullerton MD, FRCPC Joe Heng Lai MSc, MD, FRCPC Michael Perras MD, DABIM Mihir Soparkar	☐ GRADED EXERCISE TEST ☐ RESTING ECG ☐ ECHOCARDIOGRAPHY* ☐ STRESS ECHOCARDIOGRAPHY* ☐ EXERCISE ☐ PERSANTINE ☐ DOBUTAMINE (unable to exercise) *Definity® administration if indicated.	HOLTER MONITOR 24 HRS. 48 H CARDIOSTAT (Wirele 14 DAYS AMBULATORY BLOC	
LOCATIONS Burlington Hamilton Kitchener Markham	 ☐ HEART HEALTH PROGRAM ENROLLMENT Required for enrollment: ☐ Asymptomatic, no surgical interventions in the past year or planned for the coming year. ☐ 2 or more modifiable risk factors and/or Framingham risk score > 10% (assessed by Physician). ☐ Please provide recent relevant lab and diagnostic testing results and consults. ☐ Check appropriate risk factors on reverse for the Heart Health Program. 		
□ Mississauga□ North York□ Scarborough	Billing number: Tel #:	Surname: Referring Physician S	First Name:

Fax #:__

Email: _

CC Physician: _____

(Optional)

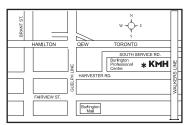
□ St. Catharines

□ Toronto

■ Woodstock

Referring Physician Stamp:

Maps Not to Scale

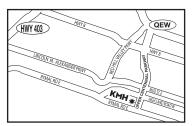


Burlington

Burlington Professional Centre 3155 Harvester Road, Suite 106 Burlington, Ontario L7N 3V2



Mississauga 2075 Hadwen Road Mississauga, Ontario L5K 2L3



Hamilton

Southmount Health Care Centre 35 Upper Centennial Parkway, Suite 3G Stoney Creek, Ontario L8J 3W2



North York 1310 Don Mills Road, Suite 5 North York, Ontario M3B 2W6



Scarborough 55 Town Centre Court, Suite 109 Scarborough, Ontario M1P 4X4

* KMH

Kitchener

751-B Victoria Street South, Suite 108

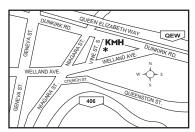
Kitchener, Ontario N2M 5N4



Markham

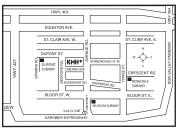
50 Minthorn Blvd. Suite 101 Markham, Ontario L3T 7X8

V.



St. Catharines

180 Vine Street South, Suite 106 St. Catharines, Ontario L2R 7P3



Toronto 236 Avenue Road Toronto, Ontario M5R 2J4



Woodstock 437 Norwich Ave Woodstock, Ontario N4S 3W4

* Patient Email: Confidential patient email will solely be used to send patient appointment notices and clinic experience survey/patient satisfaction survey link. Emails from KMH to a patient will exclusively come from info@kmhlabs.com.

CARDIOSTAT (CONTINUOUS ECG MONITOR)

- 1. CardioSTAT is a single-use, long term continuous ECG monitor that is 9mm thick and about the size of a large bandage (142mm by 40mm) with no wires.
- 2. CardioSTAT is showerproof. Patients can maintain their daily hygiene routine without interrupting the recording.
- 3. No return appointment necessary. Once the recording period is completed, the patient simply returns the monitor using a pre-stamped envelope.

NUCLEAR CARDIOLOGY PATIENT INSTRUCTIONS

- 1. A light breakfast or light lunch and then nothing to eat or drink (except sips of water for medications) for 3 hours prior to the study. No caffeine for 12 hours prior to the study (no tea, coffee, decaffeinated products, chocolate, soda pop or medications containing caffeine).
- Bring comfortable shoes, t-shirt and pants or shorts for exercise tests.
- Bring all current prescription medications, and check with your physician regarding the discontinuation of any heart or erectile dysfunction medications.
- 4. The Myocardial Perfusion test consists of 2 parts. The first portion lasts approximately 2-3 hours and consists of imaging followed by a stress test. The patient will then wait 45-60 minutes before additional imaging, which takes about 30 minutes.
- 5. Please bring a snack to eat for after the test is completed.

HYPERTENSION CANADA'S GUIDELINES FOR AMBULATORY BLOOD PRESSURE MONITOR, INDICATED FOR:

- 1. Diagnosis of hypertension.
- Elevated BP in office despite: antihypertensive medications, or hypotensive symptoms, or fluctuating office readings, or assessment of nocturnal dip in blood pressure.

HEART HEALTH PROGRAM ENROLLMENT - Check appropriate risk factors to enroll the patient into the Heart Health Program.

- ☐ High Stress ■ Smoking History Dyslipidemia ☐ Stable* Peripheral Artery Disease Obesity ■ Poor Diet ■ Diabetes Mellitus ☐ Stable* Cerebrovascular Disease ■ Hypertension ☐ Sedentary Lifestyle ☐ Stable* Coronary Artery Disease
- Please provide recent relevant lab and diagnostic testing results and consults
- * Asymptomatic, no surgical interventions in the past year or planned for the coming year.
- Metabolic Syndrome
- ☐ Framingham Score > 10%